





## My Health Record Fact Sheet for parents with young children

<b>Why should my child have a My Health Record?</b>	<ul style="list-style-type: none"> <li>As a parent there's no way of knowing exactly what your child's story will be. By choosing to have a My Health Record for you and your family, you will record your child's health story as it happens, and you can be sure it's exactly where it needs to be, when it's needed in the future.</li> <li>My Health Record allows parents to keep track of their children's immunisations, developmental milestones such as growth charts, height and weight, healthcare provider or hospital visits and other important medical information.</li> </ul>
<b>How do I manage my child's record?</b>	<ul style="list-style-type: none"> <li>If you want to, you can manage the records of your dependants or individuals for whom you are a carer. To find out more, go to <a href="http://myhealthrecord.gov.au">myhealthrecord.gov.au</a>, call 1800 723 471 or visit a Medicare Service Centre.</li> </ul>
<b>Do I need a My Health Record? I'm healthy!</b>	<ul style="list-style-type: none"> <li>My Health Record isn't just for people with ongoing medical problems. It includes useful health information like immunisations, allergies, and adverse reactions that give healthcare providers like GPs and hospitals the information they need to help you in an emergency.</li> <li>If you move or travel interstate, the information can be viewed securely from anywhere, anytime online by other treating healthcare providers.</li> <li>It means you won't need to worry about having to remember and repeat your health history like, medicines and conditions, if you see another healthcare provider.</li> </ul>
<b>Do I need a record? My doctor already has one!</b>	<ul style="list-style-type: none"> <li>My Health Record doesn't replace the clinical records that your doctor has in their medical practice, but when you see a different doctor, get a new prescription or visit a specialist, or have a period in hospital, information can be added to your My Health Record.</li> <li>Over time, this will build a clearer picture of your health, which will help you and your healthcare providers when treating you.</li> </ul>
<b>Is my data safe?</b>	<ul style="list-style-type: none"> <li>My Health Record is secure and protected, just like online banking.</li> <li>It is for use by you, your carers and your treating healthcare providers.</li> <li>You can receive notifications any time your record has been accessed, see who has accessed it (the person or the organisation) and what was seen, added or changed.</li> </ul>
<b>Do I have to have one?</b>	<ul style="list-style-type: none"> <li>Our area has been chosen to trial new approaches for how people can benefit from My Health Record.</li> <li>This means that in mid June 2016, everyone in our area who hasn't had a My Health Record before will have one automatically created.</li> <li>If you don't want one automatically created for you, you need to tell the My Health Record team by 27 May 2016. To do this, go to <a href="http://myhealthrecord.gov.au">myhealthrecord.gov.au</a>, call the Helpline on 1800 723 471 or visit a Medicare Service Centre.</li> </ul>

- From mid-June 2016 onwards your My Health Record will be there for you to use unless you choose to cancel it. Your healthcare providers will be able to see it and add to it from mid-July 2016 onwards.

## What are the timeframes for my record being live?

<b>Late March:</b> Letter arrives	<b>27<sup>th</sup> May:</b> You tell us	<b>15<sup>th</sup> June:</b> Your <i>My Health Record</i> is created	<b>15<sup>th</sup> July:</b> Healthcare providers can access your <i>My Health Record</i>
			
Individuals in your area will receive a letter in <b>late March 2016</b> telling them that a record will be created automatically from their Medicare information.	You will have until <b>27 May 2016</b> to tell the My Health Record team if you don't want one created.	Your record will be live by <b>mid-June 2016</b> . At this stage only you will be able to access your record. This allows you to set access controls and add information like emergency contact details.	Your record will be available for you and your healthcare providers to use from <b>15 July 2016</b> . It will continue to exist unless you choose to cancel it.

To find out more go to [myhealthrecord.gov.au](http://myhealthrecord.gov.au), call 1800 723 471 or visit a Medicare Service Centre.