My Health Record Fact Sheet
for people with chronic health conditions

Do I need a record? My doctor already has one!	• My Health Record doesn't replace the clinical records that your doctor has in their medical practice, but when you see a different doctor, get a new prescription or visit a specialist, or have a period in hospital, information can be added to your My Health Record. • Over time, this will build a clearer picture of your health, which will help you and your healthcare providers when treating you.
Is my data safe?	• My Health Record is secure and protected, just like online banking. • It is for use by you, your carers and your treating healthcare providers. • You can receive notifications when your record has been first accessed by a health care provider, and what was seen, added or changed.
Do I have to have one?	• Our area has been chosen to trial new approaches for how people can benefit from My Health Record. • This means that in mid June 2016, everyone in our area who hasn't had a My Health Record before will have one automatically created. • If you don't want one automatically created for you, you need to tell the My Health Record team by 27 May 2016. To do this, go to myhealthrecord.gov.au, call the Help line on 1800 723 471 or visit a Medicare Service Centre. • From mid-June 2016 onwards your My Health Record will be there for you to use unless you choose to cancel it. Your healthcare providers will be able to see it and add to it from mid-July 2016 onwards.
What if I'm a parent or carer?	• If you want to, you can manage the records of your dependants or individuals for whom you are a carer. To find out more, go to myhealthrecord.gov.au, call 1800 723 471 or visit a Medicare Service Centre. • Carers and authorised representatives can do this by visiting a Medicare Service Centre.

What are the timeframes for my record being live?	**Late March:** Letter arrives Individuals in your area will receive a letter in **late March 2016** telling them that a record will be created automatically from their Medicare information.	**27ᵗʰ May:** You tell us You will have until **27 May 2016** to tell the My Health Record team if you don't want one created.	**15ᵗʰ June:** Your *My Health Record* is created Your record will be live by **mid-June 2016**. At this stage only you will be able to access your record. This allows you to set access controls and add information like emergency contact details.	**15ᵗʰ July:** Healthcare providers can access your *My Health Record* Your record will be available for you and your healthcare providers to use from **15 July 2016**. It will continue to exist unless you choose to cancel it.

To find out more go to myhealthrecord.gov.au, call 1800 723 471 or visit a Medicare Service Centre.

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