

Telepsychiatry Service

This service is supported by Nepean Blue Mountains Primary Health Network (NBMPHN).
Wentworth Healthcare is the provider of NBMPHN.

Are you considering seeing a Psychiatrist?



Free video conference consultations for people living in the Blue Mountains, Hawkesbury, Lithgow and Penrith regions.

Psychiatrists will work **collaboratively within a multidisciplinary team** to ensure you are fully supported in your mental health recovery.

Contact us at nbmphn@dokotela.com.au
or visit
www.dokotela.com.au/nbmphn



Through the Telepsychiatry Service, Dokotela provides access to free psychiatry consultations for people who:

- Experience mental illness
- Live within the Blue Mountains, Hawkesbury, Lithgow or Penrith regions
- Hold a Centrelink issued healthcare card, family healthcare card or pension card
- Are not currently engaged with public psychiatry services

The service is delivered via video conference from:

- GP practices located in the Blue Mountains, Hawkesbury, Lithgow and Penrith regions
- The office of another clinician in the region who you are engaged with (e.g. a support worker, psychologist or mental health nurse)
- Your own or a support person's home

Your GP can make a referral by contacting NBMPHN intake on **1800 223 365**

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