

## Telepsychiatry Service

This service is supported by Nepean Blue Mountains Primary Health Network (NBMPHN).  
Wentworth Healthcare is the provider of NBMPHN.



Email [nbmphn@dokotela.com.au](mailto:nbmphn@dokotela.com.au) for additional information

## Are you considering seeing a Psychiatrist?

Free video conference consultations for people living in the Blue Mountains, Hawkesbury, Lithgow and Penrith regions.

Psychiatrists will work collaboratively within a multidisciplinary team to ensure you are fully supported in your mental health recovery

Email enquiries to [nbmphn@dokotela.com.au](mailto:nbmphn@dokotela.com.au) or visit [www.dokotela.com.au](http://www.dokotela.com.au) for more information

## Appointments Available Today

Through the Telepsychiatry Service, Dokotela provides access to free psychiatry consultations for people who:

- Experience mental illness
- Live within the Blue Mountains, Hawkesbury, Lithgow or Penrith regions
- Hold a Centrelink issued healthcare card, family healthcare card or pension card
- Are not currently engaged with public psychiatry service

The service is delivered via video conference from:

- GP practices located in the Blue Mountains, Hawkesbury, Lithgow and Penrith
- regions
- The office of another clinician in the region who you are engaged with (e.g. a support worker, psychologist or mental health nurse)
- Your own or a support person's home

Your GP can make a referral by contacting NBMPHN intake on  
1800 223 365

Email enquiries to [nbmpnhn@dokotela.com.au](mailto:nbmpnhn@dokotela.com.au) or visit  
[www.dokotela.com.au](http://www.dokotela.com.au) for more information