

About YESS

Uniting's Youth Enhanced Support Service (YESS) is for young people from 12 to 25, who may need more intensive mental health support than a GP, private psychologist or headspace centre can provide.

The YESS team offers holistic support that's tailored to each young person's needs. This might include psychological and social interventions, peer work, employment and education services, psychiatry, or family work.

YESS is a free service that's available in:

- **Nepean Blue Mountains**
(not including the Lithgow LGA)
- **Northern Sydney**
- **Western Sydney**
- **South Western Sydney.**

YESS: This service has been made possible by funding from Sydney North, Nepean Blue Mountains, Western Sydney, and South Western Sydney PHNs, through the Australian Government's Primary Health Network program.

About Uniting

Uniting is responsible for the social justice, community services and chaplaincy work of the Uniting Church in NSW and the ACT.

We provide care and support for people through all ages and stages of life, with a focus on people experiencing disadvantage and vulnerability.

Our purpose is to inspire people, enliven communities and confront injustice.

We value diversity and always welcome everyone, exactly as they are.



Get in touch

1800 937 776

yess@uniting.org
uniting.org

© Copyright Uniting NSW.ACT 2022 22-REC-072.JUL22

YESS

Uniting Youth Enhanced Support Service



YESS 
YOUTH ENHANCED
SUPPORT SERVICE

Uniting



How YESS can help

The YESS team can work flexibly with young people, offering a choice of face-to-face, online and outreach sessions.

We can:

- Explore options for mental health treatments together
- Engage family and carers
- Work collaboratively with each young person's GP, school, and wider support team
- Connect each young person with a peer worker who has experienced similar challenges
- Explore options for finding or keeping a job
- Offer culturally and linguistically diverse (CALD) services, including services for Aboriginal and Torres Strait Islander young people.

How to access YESS

Young people can access YESS by:

- Referring themselves over the phone
- Giving consent to a friend or family member to call us and make a referral on their behalf.

Service providers and GPs can also email a referral form to us.

Who is eligible for YESS?

Young people are eligible for YESS if they:

- Are aged between 12 and 25
- Have, or are at risk of developing, complex mental health challenges
- Live, work or study in Northern Sydney, the Nepean Blue Mountains, Western Sydney or South Western Sydney.

“He is safe and being properly looked after at last. I can't tell you how amazing, caring, skilful, reassuring and wonderful you have been in a frightening and desperate time for our family. Thank you.”

- From a YESS parent



Get in touch

1800 937 776
yess@uniting.org

Monday to Friday, 9am to 5pm
(after-hours services by appointment)

Helplines

Mental Health Access Line: 1800 011 511

Beyond Blue: 1300 22 4636

Kids Helpline: 1800 55 1800

Lifeline: 13 11 14

QLife: 1800 184 527

SANE Australia: 1800 187 263

Suicide Call Back Service: 1300 659 467

In case of emergency or immediate risk of harm to yourself or others, please contact emergency services on 000.