

Telepsychiatry Service

This service is supported by Nepean Blue Mountains Primary Health Network (NBMPHN).
Wentworth Healthcare is the provider of NBMPHN.



Email nbmphn@dokotela.com.au for additional information

Do you support someone who would benefit from seeing a psychiatrist?

Free video conference consultations for people living in the Blue Mountains, Hawkesbury, Lithgow and Penrith regions who experience severe and complex mental health issues.

Psychiatrists will work collaboratively with GPs to ensure best outcomes for the patient.

Email enquiries to nbmphn@dokotela.com.au or visit
www.dokotela.com.au for more information

Temporary change to eligibility criteria effective immediately until 31 December, 2024

Eligibility Criteria for General Psychiatric Referrals:

- Residents of the Nepean and Blue Mountains region
- Individuals unable to access Medicare subsidised services due to affordability barriers
- Individuals not currently engaged with a Head to Health or state-based psychiatric service

Note: Clients do not need to hold a Centrelink-issued healthcare card, family healthcare card, or pension card.

Eligibility Criteria for Neurodevelopmental Behavioural Disorder Referrals (including ADHD/ASD):

- Residents of the Nepean and Blue Mountains region
- Holders of a Healthcare concession card (Healthcare card, Family healthcare card, or Pension concession card)
- Individuals not currently engaged with a Head to Health or state-based psychiatric service

The service is delivered via video conference from:

- Your practice MBS incentive items available for practice nurses to facilitate appointments
- The office of a support service that your patient is engaged with
- Your patient, or a support persons home

Phone referral can be made to NBMPHN intake on 1800 223 365. You will then be required to submit the patients' referral, along with their individual referral code direct to Dokotela

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