

14 November 2025

New Endometriosis and Pelvic Pain Clinic to open in the Blue Mountains in February

A new Endometriosis and Pelvic Pain Clinic will open in the Blue Mountains in February 2026 and will provide access to specialised care for endometriosis, pelvic pain, perimenopause and menopause.

The Clinic, which will be situated in a general practice located in Winmalee, is part of the Australian Government's expansion of existing Endometriosis and Pelvic Pain Clinics that were announced during the Federal Election.

The Blue Mountains Clinic will improve early access to diagnosis, treatment and referral services for those living with endometriosis and pelvic-related pain, not only in the Blue Mountains, but across the region. Additionally, the clinic will include services and support for women experiencing perimenopause and menopausal symptoms. Wentworth Healthcare, provider of the Nepean Blue Mountains Primary Health Network, will work with the chosen provider to oversee the implementation and delivery of the clinic.

Wentworth Healthcare CEO, Lizz Reay, said she was excited to have a Clinic funded in the region, noting that the service would address an existing gap in access to local specialised care for these conditions.

"Often people in our region have to travel long distances to receive treatment for these sorts of issues, so having this local service will increase access to care for many in our community who are impacted by these often-debilitating issues," she said.

"The Clinic will not only see patients themselves but also help build the capacity and expertise of local primary clinicians by assisting with training and education to increase access, diagnosis and treatment across the region overall," said Ms Reay.

As part of the service, a nurse navigator will help to coordinate care to ensure patients are linked to and connected with other services for their condition/s.

"People who experience or live with these issues often require a holistic approach to their care to improve their quality of life and manage their symptoms, sometimes long-term. The nurse navigator will work with the practice and patient to help make the process of navigating services less overwhelming and ensure people are receiving the care that they need," said Ms Reay.

"By integrating care across services, we're ensuring a holistic, patient-centred approach that supports people throughout their health journey," she said.

Ms Reay added that the establishment of these clinics marks a significant step forward in raising awareness about endometriosis, pelvic pain, perimenopause and menopause and improving the way these conditions are understood and treated in primary care.



The Clinic is due to open in February. More information, including the location and how to access it, will be announced prior to the official launch.