



Blue Mountains | Hawkesbury | Lithgow | Penrith

SafeScript NSW (Real-time Prescription Monitoring)

Nepean Blue Mountains PHN with Andrew Hargreaves – eHealth NSW 31 March 2022 6:30pm – 8:00pm

Wentworth Healthcare Limited (ABN 88 155 904 975) as Nepean Blue Mountains PHN.

Acknowledgement of Country

I would like to acknowledge the traditional owners of the land in which we all meet today and to pay my respects to Aboriginal elders past, present and emerging.

I would also like to extend my respect to all Aboriginal people present today.



Housekeeping





Main speaker

Andrew Hargreaves Program Manager, RTPM and Clinical Pharmacist eHealth NSW





SafeScript NSW

Prescriber and Pharmacist education session for Nepean Blue Mountains PHN



Acknowledgement of Country

I would like to acknowledge the traditional owners of the lands on which we meet today and the Elders, past and present.

I acknowledge the ongoing connection that Aboriginal people have to this land and recognise Aboriginal people as the original custodians of this land.

I would also like to acknowledge any Aboriginal people that are present here today.



Agenda

1. What is SafeScript NSW?

- What is SafeScript NSW?
- Monitored Medicines List
- Registration and use
- Pop-up notifications and alerts
- Static demonstration
- Privacy and legal

2. Implementation Support

- Education and Training
- HealthPathways
- SafeScript NSW Clinical Advice Line
- 3. Case Studies
- 4. Q & A





Learning Outcomes

At the end of this session you will be able to:

- Integrate SafeScript NSW system clinical workflow processes to improve management of patients using drugs of dependence;
- Use SafeScript NSW to analyse and interpret patient history to inform best practice patient outcomes;
- Use current best practice clinical guidance including best practice communication techniques to manage patients prescribed monitored medicines and their wellbeing; and
- Identify and access critical information and resources to support clinical decision making and reduce potential harm for patients prescribed monitored medicines.





What is SafeScript NSW?





Figure IMPACT1: Drug-induced deaths by common drug classes and types, 1997 to 2019 (agestandardised rate per 100,000 population)

In Australia in 2019

- 1865 drug related deaths in Australia
- Opioids in 3 out of 5 drug induced deaths
- Benzodiazepines in 3 out of 5 opioid induced deaths – most accidental

6.0-All opioids 5.0 All depressants Rate per 100,000 4.0 non heroin opioids 3.0 Antidepressants, 2.0anti psychotics and other analgesics 1.0-0.0 Preliminary data 1996 2004 2006 2010 1998 2000 2008 2012 2014 2016 2020 2002 2018 Year Select category Select year range Drug class 1997 2019 Drug type Drug class/type (select to highlight) 0 All antidepressants All opioids All depressants All antipsychotics All non-opioid analgesics All opioids excluding heroin

*AIHW - Alcohol, tobacco & other drugs in Australia, 2021

NSW

In NSW in 2018

- Ambulance Officers administer 6-7 shots of naloxone per day
- 1 in every 1,000 ED presentations are due to opioid issues (most due to oxycodone, age 35-44 and most disadvantaged)
- Increasing rates of opioid related deaths in NSW with 5.4 deaths per 100,000 in 2018



Figure 37: Deaths where opioids were detected in forensic toxicology, by drug combination, NSW, 2010 to 2019

Source: NSW Health Pathology Forensic & Analytical Science Service

Source: Opioid Use and Related Harms in NSW Surveillance Report to December 2019



What is SafeScript NSW?

- SafeScript NSW is part of the NSW Government's commitment to reducing the harm caused by monitored medicines.
- SafeScript NSW is a digital health system that provides prescribers and pharmacists with access to a patient's prescription history for high-risk medicines such as opioids and benzodiazepines.
- Prescribing and dispensing information about monitored medicine is collected via the Prescription Exchange Services and stored in the SafeScript NSW repository.
- Prescribers and dispensers using integrated clinical software will receive notifications to warn them when a high risk situation is detected.
- The Pharmaceutical Regulator within NSW Health will have access to the SafeScript NSW system and will progressively use the information to adopt proactive regulatory activities.





Monitored Medicines List

Category	Medicine
Opioids	Including but not limited to buprenorphine, codeine, fentanyl, hydromorphone, methadone, morphine, oxycodone, pethidine, tapentadol, tramadol
Benzodiazepines (prescribed for anxiety or sleep)	Including but not limited to alprazolam, flunitrazepam, bromazepam, clobazam, clonazepam, diazepam, lorazepam, midazolam, nitrazepam, oxazepam, temazepam
Other sleeping aids	Zolpidem, zopiclone
Psychostimulants (prescribed for ADHD)	Dexamfetamine, lisdexamfetamine, methylphenidate
Other	Ketamine, pregabalin, quetiapine All other Schedule 8 medicines not listed above







SafeScript NSW registration and use

- You will receive an email inviting you to register for SafeScript NSW when it is available in your area.
- You can also register here: <u>SafeScript NSW Self-Registration</u> <u>Portal</u> or by scanning the QR code below.
- Once registered, you will need to make sure your clinical software is updated and connected to the SafeScript NSW system. Information about how to do this is on the SafeScript NSW <u>website</u>.
- Once configured, the SafeScript NSW system will operate in the background.
- When you are prescribing or dispensing a monitored medicine, a pop-up notification will display on your desktop based on information held about the patient in SafeScript NSW.



Scan to register for SafeScript NSW





Pop-up notifications

If you are using integrated software (such as Medical Director, Best Practice, Fred Dispense, Minfos and others) SafeScript NSW will send green, amber or red pop-up notifications to your desktop based on information held in the system about the patient you are treating.

Pop-up notification colour	Pop-up notification text
Green	There are no prescribing/dispensing records in SafeScript NSW for 'Firstname Lastname' within the last 90 days.
Green	Medicines prescribed to 'Firstname Lastname' within the last 90 days are from the same prescriber or the same medical practice.
Amber	Medicines prescribed to 'Firstname Lastname' within the last 90 days involve more than 1 prescriber at different medical practices. Check SafeScript NSW for more information.
Red	The medicines supplied to 'Firstname Lastname' within the last 90 days have resulted in a potentially high-risk situation that requires review. Check SafeScript NSW for more information.



Mock-up of pop-up notification









SafeScript Alerts

Alerts in the SafeScript NSW system will be displayed where a high risk situation has been detected in the patient's record.

Australia and New Zealand College of Anaesthetists Faculty of Pain Medicine - opioid dose equivalence calculator

or Opioid calculator app

http://www.opioidcalculator.com.au/takeatour.html

Alert colour	Alert rules	Does the alert trigger a pop-up notification?
Red	Concurrent prescribing of potentially harmful medicines in a 30-day period	Yes, a red pop-up notification is sent
	 Combination Rule 1 - Fentanyl + a long acting opioid (not OTP) 	
	 Combination Rule 2 - Fentanyl + a benzodiazepine / Z drug 	
	 Combination Rule 3 - Methadone (pain products) + a long acting opioid (not OTP) 	
	 Combination Rule 4 - Methadone (pain products) + a benzodiazepine / Z drug 	
Red	Multiple Prescriber Episode – this is where an individual has received a prescription for any monitored medicine from 4 or more prescribers across 4 or more medical practices in a 90-day period	Yes, a red pop-up notification is sent
Red	Opioid Dose Threshold – where an individual has an average daily opioid dose of more than 100mg per day, averaged over a 90-day period.	Yes, a red pop-up notification is sent
Amber	Multiple Pharmacist Episode – where an individual has had any monitored medicine dispensed in 4 or more pharmacies within a 90-day period.	No, a pop-up notification will not be sent about this alert. Information about the alert will be available in SafeScript NSW
	NSW	17





SafeScript NSW demonstration

1. Access by pop-up notification

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Mr John A	Andrews (53yrs) V DOB:	17/06/1968 Gender: Male	Occupation: Plumber		Om 31s 📕	1	FACT
2 Kennedy	y Road. Bundaberg. Qld 4670	Ph: 040000000 (mo	obile) Record No: AT	I: Neither Aboriginal nor Tom	es Strait Islander	121	
Allergies & Adverse Reactions:	IRON COMPOUNDS, PENICILLINS		A Repat. No: 444474758 Eth V Smoking Hx: 25 Daily IHI	nicity: Caucasian No:		X	UHĠ®
Wamings:	Drug dependent, Elite sport, This is just a s	smaple warning message for testi	ing purposes MyHealthRe	cord: IHI not recorded as of 18/	05/2021 Recalls		G
🙂 Su	mmary R Current Rx 🔊 Progress	🛅 Past history 🥻 Resu	ults 🗄 Letters 🎁 Documents 🛤	Old scripts 🖋 Imm. 🗡 A	Acupuncture 📋 Correspondence 🖆 M	DExchange HL HealthLink	_
• #	Drug name	Strength Dose	Freq Instructions Route	Unusual Dose Note to ph		Elapse \$ Reg.24 Script	
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	NORSPAN PATCH	5mcg/h (5mg) 1	daily Oral weekly Trans de		2 0	03/03/2021 X No No	
	PANADOL RAPID CAPLET	500mg	q.i.d. p.c. Oral	No	10 0	\$ No No	\square
6	TRITACE CAPSULE	10mg 1	mane Oral	No	30 5	01/06/2013 V No No	6
	VENTOLIN CFC-FREE INHALER	100mcg/dose 2 puffs	q.4.h. p.r.n. Inhale	No	2*200 5	16/03/2013 V No No	REFER
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	ate 23/06/2021 🗐 🔻 🗌 Not taki	ing any medications Rei	d - Overdue Blue - Almost due		L		
Script da				Medical Certificate		Clo	se
	ı (ı t					Wednesday, 23 June 2021	10:52:05 AM
	占 🖉 🚊 🔇					▲ 😼 🖓 🕼 ENG	10:52 a.m. 23/06/2021



Pin Login



NSW

Patient Details

Dashboard /	Q Search Patient Details									9 Welco	me Alistair King 👻
	John Andrey	ws							View Alert History	v View A	ccess History
	Preferred Name	John Andrews		IHI		8003 6012 3456 7896					
	Date of Birth	17 June 1968 (53	3 years, 4 months)	Address		13 Belmore St, Ryde, NSW 2112					
	Gender	Male									
Clear Filte	r Drug Search	٩	Event Type All Events		~	Date Range 19/10/2021 - 16/11/2021	Group By				~
	Date	Tug Details				Practitioner Details		T	Dispensed T	Туре	· T
) I	19/10/2021	oxycodone hydrochloride 5	5 mg tablet, 20 - ENDONE 5 MG T/	ABLET, 20 - 5mg - TABLETS - 20		Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Disp	ensed
, •	19/10/2021	Physeptone 10 mg tablet, 20	0 - METHADONE HYDROCHLORI	DE 10 MG TABLET, 20 - 10mg - TABLETS -	· 20	Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Disp	ensed
, •	19/10/2021	oxazepam 30 mg tablet, 5 - S	SEREPAX 30 MG TABLET, 5 - 5			Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Disp	ensed
•	19/10/2021	oxycodone hydrochloride 5 Twice daily after meals	i mg tablet, 20 - ENDONE 5 MG T	ABLET, 20 - 5mg - TABLETS - 20		Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE, NSW 2444			0 of 1	Pres	cribed
· 🔺	19/10/2021	Physeptone 10 mg tablet, 20 Twice daily after meals	0 - METHADONE HYDROCHLORI	DE 10 MG TABLET, 20 - 10mg - TABLETS -	20	Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE, NSW 2444			0 of 1	Pres	cribed
	19/10/2021	oxazepam 30 mg tablet, 5 - 5 Twice daily after meals	SEREPAX 30 MG TABLET, 5 - 5			Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE, NSW 2444			0 of 1	Pres	cribed



Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

Alert Details

Searc										
	John Andrews								View Alert History	View Access History
	Preferred Name	John Andrews		IHI	8003 601	2 3456 7896				
	Date of Birth	17 June 1968 (5	3 years, 4 months)	Address	13 Belmo	re St, Ryde, NSW 2112				
	Gender	Male								
Clear Filter	Drug Search	Q	Event Type All Events		Date F	tange)/2021 - 16/11/2021	Group By			
Alert	Date	Drug Details			T	Practitioner Details		TDis	spensed Y	Туре
•	19/10/2021	oxycodone hydrochloride 5	mg tablet, 20 - ENDONE 5 MG	TABLET, 20 - 5mg - TABLETS - 20		Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Dispensed
A	19/10/2021	Physeptone 10 mg tablet, 20) - METHADONE HYDROCHLOF	RIDE 10 MG TABLET, 20 - 10mg - TABLETS - 20		Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Dispensed
A	19/10/2021	oxazepam 30 mg tablet, 5 - 5	SEREPAX 30 MG TABLET, 5 - 5			Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Dispensed
•	19/10/2021	oxycodone hydrochloride 5 Twice daily after meals	mg tablet, 20 - ENDONE 5 MG	TABLET, 20 - 5mg - TABLETS - 20		Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE, N	ISW 2444		0 of 1	Prescribed
· 🔺	19/10/2021	Physeptone 10 mg tablet, 20 Twice daily after meals) - METHADONE HYDROCHLOP	RIDE 10 MG TABLET, 20 - 10mg - TABLETS - 20		Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE, N	ISW 2444		0 of 1	Prescribed
lert			Medication Detail			Uploaded By				
Prescriptions for both a benzodiazepine, zolpidem or zopiclone and Trade Name methadone have been prescribed or dispensed for John Andrews in the last 30 days. This combination has a substantial risk of combined toxicity and harm. Porm Reassess the clinical need for this combination and discuss the risks and the			Trade Name	methadone hydrochloride 10 mg tablet, 20		Prescriber Name	Dr Adrian Vasko			
			Form	TABLETS		Practice	PORT MACQUARIE Family	Clinic		
	assess the united intervention and concurs in this and the assessment and the Manufacturer Manufacturer					Address	43 PORT MACQUARIE Ro	43 PORT MACQUARIE Road, PORT MACQUARIE, NSW 2444		
			Generic Name	Physeptone 10 mg tablet, 20		Email	dentaltest01@gmail.com			
			Strength	10mg		Phone	1300100122			
			PBS Code			Fax	0958981208			
			Supplies Issued	0						

Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

Alert History

NSW S	Q Search								9 Welcome Alis	stair King 🝷
ishboard / Pati	ient Details John Andrews	\$	_				_	View Alert History	View Access H	History
	Preferred Name Date of Birth	John Andrews 17 June 1968	Alert Histo	ory		×				
	Gender	Male	Date	Description	Туре	Risk Level				
Clear Filter	Drug Search	Q Drug Details	16/11/2021	Prescriptions for both a benzodiazepine, zolpidem or zopiclone and methadone have been prescribed or dispensed for John Andrews in the last 30 days. This combination has a substantial risk of combined toxicity and harm. Discuss the risks with the prescriber. Discuss the risks and the signs of opioid and benzodiazepine toxicity with the patient.	Concurrent Drug	High	p By ne		Туре	~
>	19/10/2021	oxycodone hydrochlorid	16/11/2021	Prescriptions for both a benzodiazepine, zolpidem or zopiclone and methadone have been prescribed or dispensed for John Andrews in the last 30 days. This combination has a substantial risk of combined toxicity and harm. Discuss the risks with the prescriber. Discuss the risks and the signs of opioid and benzodiazepine toxicity with the patient.	Concurrent Drug	High		1 of 1	Dispensed	
•	19/10/2021	Physeptone 10 mg table	15/11/2021	Prescriptions for both a benzodiazepine, zolpidem or zopiclone and methadone have been prescribed or dispensed for John Andrews in the last 30 days. This combination has a substantial risk of combined toxicity and	Concurrent Drug	High		1 of 1	Dispensed	
•	19/10/2021	oxazepam 30 mg tablet,		harm. Reassess the clinical need for this combination and discuss the risks and the signs of opioid and benzodiazepine toxicity with the patient.				1 of 1	Dispensed	
•	19/10/2021	oxycodone hydrochlorid Twice daily after meals						0 of 1	Prescribed	
•	19/10/2021	Physeptone 10 mg table Twice daily after meals				Ok		0 of 1	Prescribed	
•	19/10/2021	oxazepam 30 mg tablet, Twice daily after meals						0 of 1	Prescribed	

 Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

Patient Details

NIC14/	Q earch nt Details									🕒 Welcome Alistair K	ing 🕶
	John Andrews								View Alert History	View Access Histor	y
	Preferred Name	John Andrews		IHI	800	03 6012 3456 7896					
	Date of Birth	17 June 1968 (53	years, 4 months)	Address	13	Belmore St, Ryde, NSW 2112					
	Gender	Male									
Clear Filter	Drug Search	٩	Event Type All Events		~	Date Range 19/10/2021 - 16/11/2021	Group By				*
	Date	Drug Details				Practitioner Details		T	Dispensed Y	Туре	T
Þ	19/10/2021	oxycodone hydrochloride 5 m	ng tablet, 20 - ENDONE 5 MG TA	\BLET, 20 - 5mg - TABLETS - 20		Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Dispensed	
•	19/10/2021	Physeptone 10 mg tablet, 20 -	- METHADONE HYDROCHLORI	DE 10 MG TABLET, 20 - 10mg - TABLETS -	20	Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Dispensed	
•	19/10/2021	oxazepam 30 mg tablet, 5 - SE	EREPAX 30 MG TABLET, 5 - 5			Mr Kham Hai Lang Hollisworth Road, Marsden Park, NSW 2765 Prescriber Adrian Vasko Prescriber No. 5151523 Prescribe Date 19/10/2021			1 of 1	Dispensed	
•	19/10/2021	oxycodone hydrochloride 5 m Twice daily after meals	ng tablet, 20 - ENDONE 5 MG T/	ABLET, 20 - 5mg - TABLETS - 20		Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE	E, NSW 2444		0 of 1	Prescribed	
· 🔺	19/10/2021	Physeptone 10 mg tablet, 20 - Twice daily after meals	- METHADONE HYDROCHLORI	DE 10 MG TABLET, 20 - 10mg - TABLETS -	20	Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE	, NSW 2444		0 of 1	Prescribed	
•	19/10/2021	oxazepam 30 mg tablet, 5 - SE Twice daily after meals	EREPAX 30 MG TABLET, 5 - 5			Dr Adrian Vasko 43 PORT MACQUARIE Road, PORT MACQUARIE	, NSW 2444		0 of 1	Prescribed	



Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

Health Practitioner Access History

	John Andrews	e							View Alert History	View Access I
	John Andrews	-								
	Preferred Name	John Andrews	Access History					×		
	Date of Birth	17 June 1968						_		
	Gender	Male	Timestamp	Practitioner Name	Profession	Contact Number	Address			
			Nov 16, 2021, 02:49:01 PM	Assoc Prof Christopher John Griffiths AM	Dental Practitioner	1300122112	Westmead, NSW 2145			
Clear Filter	Drug Search	Q	Nov 16, 2021, 02:46:04 PM	Anthony Roy Bradshaw	Medical Practitioner	1300700921	WAGGA WAGGA, NSW 2650	p By		
			Nov 16, 2021, 02:45:45 PM	Ahmad Seraj Alam	Medical Practitioner		MOUNT GAMBIER, SA 5290			
∃ Alert		Drug Details	Nov 16, 2021, 02:44:47 PM	Assoc Prof Louis Roller	Pharmacist		FITZROY NORTH, VIC 3068	T	Dispensed	Туре
		oxycodone hydrochlorid	Nov 16, 2021, 10:22:48 AM	Dr Adrian Vasko	Medical Practitioner	1300100122	PORT MACQUARIE, NSW 2444			
	19/10/2021	,	Nov 16, 2021, 09:17:23 AM	Dr Alistair David King	Dental Practitioner		Erina, NSW 2250		1 of 1	Dispense
	10/10/2021									Dispenses
		Physeptone 10 mg table								
Δ	19/10/2021	Thyseptone to my autor							1 of 1	Dispense
	10/10/2021									Dispenses
		oxazepam 30 mg tablet,								
Δ	19/10/2021	,							1 of 1	Dispense
, ,		oxycodone hydrochlorid								
	19/10/2021	Twice daily after meals							0 of 1	Prescribe
	19/10/2021	Physeptone 10 mg tablet Twice daily after meals					Ok		0 of 1	Prescribe
	40/40/2024	oxazepam 30 mg tablet,					OK			
	19/10/2021	Twice daily after meals							0 of 1	Prescribe



Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.



SafeScript NSW demonstration

2. Access by patient search

Dashboard

	Q Search	😌 Welcome Carolyn Cox 👻
Dashboard		
Patie	nt Search	

✓ Name			
Enter first name	Enter surname	Enter date of birth	<u> </u>
> IHI			

Search

Recently Viewed

Notifications

Please enter the pharmacy approval number to view recent patient notifications

Enter pharmacy approval number

Search





Patient Search Results

COVERIMENT	Q Search	S Welcome Carolyn Cox 👻
Dashboard		
Defie	nt Coorob	

Patient Search

✓ Name			
Enter first name nicky	Enter surname moore	Enter date of birth	
> IHI			

Search

Recently Viewed

Notifications

Please enter the pharmacy approval number to view recent patient notifications

Enter pharmacy approval number

Search



Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

Patient Search Results

	Q Search	S Welcome Carolyn	Cox 👻
Dashboard			
-			

Patient Search

✓ Name			
Enter first name nicky	Enter surname moore	Enter date of birth 06 June 1977	#
> IHI			

Search

Recently Viewed

Notifications

Please enter the pharmacy approval number to view recent patient notifications

Enter pharmacy approval number

Search



Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

Patient Search Results

NSW OCVERIMENT	Q Search	S Welcome Carolyn Cox 👻
Dashboard		
Patier	it Search	

✓ Name			
Enter first name nicky	Enter surname moore	Enter date of birth 06 June 1977	
> IHI			

Search

Patient Search Results

Clear Filter							Clear Search
First Name	Middle Name	Surname	Date of Birth	Sex T	Address	Postcode	T
Nicky		Moore	06/06/1977	Male	57 Hostle St, Bell, NSW 2786	2786	



Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

SafeScript NSW

Recently Viewed

Patient Details

Dashboard / Patient							e Welcome Jane Overland •
	Nicky Moore					View Alert History	View Access History
	Preferred Name	Nicky Moore	IHI	8003 6089 3222 2285			
	Date of Birth	6 June 1977 (44 years, 5 months)	Address	57 Hostle St, Bell, NSW 2786			
	Gender	Male					
Clear Filter	Drug Search	Q All Events		Date Range 04/07/2021 - 08/11/2021	Group By		~
	Date	Drug Details		Practitioner Details		Dispensed	Туре
•	03/08/2021	oxycodone hydrochloride 30 mg - OXYCONTIN - 30mg - C	R-TABLET - 56	Mr Cheshire Cat 127 Metro Road, Fabulous Brooke, NSW 2055 Prescriber William Will Prescriber No. 9118826 Prescribe Date 02/08/2021		1 of 1	Dispensed
•	25/07/2021	oxycodone hydrochloride 30 mg - OXYCONTIN - 30mg - C	R-TABLET - 56	Ms Caroline Enright 127 Fabulous Road, Fabulous Brooke, NSW 2055 Prescriber William Will Prescriber No. 9118826 Prescribe Date 25/07/2021		1 of 1	Dispensed
Þ	18/07/2021	oxycodone hydrochloride 30 mg - OXYCONTIN - 30mg - C	R-TABLET - 56	Ms Haejung Nam 127 pharmacy Road, Blue Brooke, NSW 2025 Prescriber Sue Bi Prescriber No. 9118825 Prescribe Date 18/07/2021		1 of 1	Dispensed
•	11/07/2021	oxycodone hydrochloride 30 mg - OXYCONTIN - 30mg - C	R-TABLET - 56	Ms Annalease Cox 130 Ryde Road, Hazel Brooke, NSW 2779 Prescriber Clive Allcock Prescriber No. 9118823 Prescribe Date 11/07/2021		1 of 1	Dispensed
>	04/07/2021	oxycodone hydrochloride 30 mg - OXYCONTIN - 30mg - C	R-TABLET - 56	Mr Kham Hai Lang 130 Ryde Road, Hazel Brooke, NSW 2779 Prescriber Clive Allcock Prescriber No. 9118823 Prescribe Date 04/07/2021		1 of 1	Dispensed



Note: for the purposes of demonstration mock-up data has been used for all patient and practitioner details.

Important to remember

- The alert from SafeScript NSW **does not** instruct you on what to do or whether a medicine should or should not be provided.
- This decision remains with you.
- SafeScript NSW will provide additional information and context to help inform this decision.
- You remain best placed to consult with the patient and determine whether these medicines remain the safest and best option based on the individual's health needs and circumstances.
- A number of clinician support tools and resources are being introduced to assist you.





SafeScript NSW in public hospitals

All NSW Health prescribers and pharmacists will be able to log into the SafeScript NSW system using their StaffLink ID and password to view a history of their patient's high-risk medicines prescribed or dispensed in the community.

However, NSW Health hospitals and outpatient clinic information systems will NOT be integrated with the SafeScript NSW system at this stage.

Therefore:

- Prescribing and dispensing information from public hospitals and clinics will not be included in the SafeScript NSW system.
- NSW Health prescribers and pharmacists will not receive a notification directly into the electronic Medical Record (eMR) to warn them of a high-risk scenario.





Privacy, security and legal

- Only prescribers and pharmacists involved in a patient's care are legally permitted to view their information in SafeScript NSW (*Poisons and Therapeutic Goods Regulation 2008*)
- Integration with the Australian Health Practitioner Regulation Agency ensures only eligible health practitioners can access
- Penalties apply for unauthorised use
- Patient consent is not required
- Consumers are able to request a copy of information held about them in SafeScript NSW from NSW Health
- Data transmitted between prescribing and dispensing systems and the SafeScript NSW database is encrypted
- The security of the system is routinely tested to ensure data remains protected







Implementation Support for Clinicians



Education and Training

- CPD accredited <u>eLearning modules</u> covering:
 - 1. How and when to use SafeScript NSW
 - 2. Information about monitored medicines and clinical practice
 - 3. Communication and care for patients using monitored medicines
- Primary Health Network facilitated education sessions such as this one for Prescribers and Pharmacists
- Royal Australian College of General Practitioners (RACGP) and Pharmaceutical Society of Australia (PSA) Webinars (see websites for links to recordings)
- Help pages available on the <u>SafeScript NSW Web Help</u>




Enhanced HealthPathways

- The Hunter New England and Central Coast Primary Health Network (HNECC PHN) developed core HealthPathways for SafeScript NSW that contains key information about the system and how to use it.
- HNECC PHN also developed clinical pathways for GPs and Pharmacists which provide additional support and guidance to manage the patient as a result of an amber or red alert.
- Nepean Blue Mountains PHN have been able to adopt this core content into their own HealthPathways with some additional information included to reflect local services.
- The intent is to promote GP led care wherever practical, supported by appropriate allied health and other specialist services as required.



HealthPathways login

HealthPathways

Nepean Blue Mountains

NBM HealthPathways URL: https://nbm.communityhealthpathways.org/

General SafeScript NSW information: <u>https://nbm.communityhealthpathways.org/605435.htm</u> For GPs: <u>https://nbm.communityhealthpathways.org/921893.htm</u> For Pharmacists: https://nbm.communityhealthpathways.org/945976.htm

	Username	Password
Blue Mountains	hpbluemount	hpbmpassword
Hawkesbury	hphawkesbury	hphpassword
Lithgow	hplithgow	hplpassword
Penrith	hppenrith	hpppassword

Use the access details for the LGA you are based in.

Access available for all NSW and Australian HealthPathways sites on request.



Nepean Blue Mountains

Community Pharmacy	
Drug Updates	1
Medicines Information Requests	
Drugs of Abuse	`
Medication Management	
Pink Book - Aid for Clinicians About Medicine Use and Dosage	
Poisoning and Drug Overdose	
SafeScript NSW	1
SafeScript NSW – Clinical Support for General Practitioners	
SafeScript NSW – Clinical Support for Pharmacists	



SafeScript NSW Clinical Advice Line – 1800 434 155

A dedicated telephone clinical advice line has been established to support primary care providers. The service:

- provides direct support to practitioners (prescribers and pharmacists) when responding to needs of patients who may be at risk of harm
- facilitates access to clinical advice for addiction medicine, pain management and mental health
- supports safe de-escalation of high doses of benzodiazepines and opioids
- promotes a transition to safer prescribing practices
- encourages inter-disciplinary management and patient focused pain self-management skills training where appropriate
- guides appropriate management and referral to other clinical services where required.









Case Studies



SafeScript NSW

Inherited patient – Janet

44 year old woman, patient of a retired colleague in your practice

'Dr Smyth has prescribed oxycontin for me for years.....'

You see in the notes she has been prescribed Oxycontin 40mg twice a day for the last 6 months, initially commenced at a lower dose in Emergency Department after extensive superficial abdominal burns 3 years ago and attends the same doctor and pharmacy regularly for prescriptions

- No other prescribed medications
- Prior history of post natal depression
- Non drinker, non smoker, no other health issues

SafeScript NSW Notification
 Red Alert - High dose > OMED* 100mg

As a prescriber - how would you proceed?

As a pharmacist, you will also receive the red notification - how would you proceed?

As a specialist in addiction medicine - how would you proceed?

As a patient - how do you think Janet would be feeling about her situation?



New patient – Murray

49 year old man, new to your surgery, arrives late on Friday afternoon as walk in

'I know you're busy Doc, I won't take much of your time, I just need a repeat script.....

Asks for Oxycontin prescription 60mg twice daily

You check SafeScript NSW and see the following in Murray's history:

- Fentanyl 25mcg patch
- Diazepam 5mg TDS 3 times daily
- Oxazepam 30mg QID 4 times daily
- Pregabalin 150mg BD 2 times daily

SafeScript NSW Alert

- Red Alert Concurrent prescribing of high risk medications
- Red Alert >4 prescribers at >4 practices in 90 days

As a prescriber - how would you proceed?

As a pharmacist, you will also receive the red notification - how would you proceed?

As a specialist in addiction medicine - how would you proceed?



As a patient - how do you think Murray would be feeling about his situation?

How to respond

Start the conversation

• Risks of harm, best outcomes, setting boundaries

Seek advice

- Call the <u>SafeScript NSW Clinical Advice Line</u> for advice: 1800 434 155
- HealthPathways
- 2nd opinion from a GP colleague

Manage, reduce risk and improve outcomes

- Provide information for your patient
- A long term collaborative commitment by GP, patient and pharmacist (and other services)
- One prescriber, one pharmacy, frequent reviews, check SafeScript NSW routinely
- Staged supply, supervised pharmacy dosing, UDS, take home naloxone, safer injecting, MSIC
- Set goals e.g. functional measures (BPI), tapering plan, OAT, self management/non medication options
- Practice wide approach

Look at other options

- Involve family/friends/community, non medical prescribing
- Refer patient for a specialist opinion/collaborative management e.g. allied health, pain and/or addiction services



Your patient – Abdul

'Hi Doc, just need my Targin.....'

60 year old man, well known to you, prescribed Targin 15/7.5mg BD for severe OA both knees and hips. Past history of recurrent lower back pain, chronic insomnia

You access SafeScript NSW and see the following in Abdul's history:

- Endone 5mg PRN for breakthrough (60 tablets a month)
- Panadeine Forte PRN (150 tablets a month)
- Diazepam 5mg nocte (50 tablets a month)
- Pregabalin 75mg BD (56 capsules a month)
- Targin 15 / 7.5mg BD (56 tablets a month)

SafeScript NSW Notification

Red Alert - >4 prescribers at >4 practices in 90 days
Amber Alert - >4 pharmacies in 90 days

Oral Morphine Equivalence: 80mg

As a prescriber – how would you proceed?

As a pharmacist, you will also receive the red notification – how would you proceed?

As a specialist in addiction medicine - how would you proceed?

As a patient - how do you think Abdul would be feeling about his situation?



Patient factors

There may be

- Lack of awareness of effects of medication, pain management, dangers and dependence
- Awareness of situation but "trapped"
- Existing Substance Use Disorder

Remember

 Substance use disorder is a medical condition and drug seeking behaviours are a symptom https://www.nps.org.au/australian-prescriber/articles/dealing-with-drug-seeking-behaviour

Things to consider

- Help the patient recognise the issue
- Work with the patient to set goals for recovery
- Help the patient seek appropriate treatment
- Consider evidence-based non-pharmacological options and evidence-based pharmacological options for substance use disorders if diagnosed
- Consider use of other, lower-risk medicines



Communicating with patients using monitored medicines

- Always use respectful and non-stigmatising language
- See Pain Australia's Chronic Pain Language Guidelines or https://nada.org.au/resources/language-matters/
- RACGP How stigmatising language affects people in Australia who use Tobacco, Alcohol and Other Drugs

Motivational Interviewing (RULE and OARS)

- Resist the righting reflex
- Understand the patient's motivations and own reasons to change
- Listen with empathy
- Empower your patient
- Open-ended questions
- Affirmations
- Reflections



Summarise

References

American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR). Australian Institute of Health and Welfare. Alcohol, tobacco & other drugs in Australia (AIHW 2021). Network of Alcohol and other Drugs Agencies (NADA). Language Matters. NSW Health. Dispensing prescriptions for psychostimulants NSW Health. Prescribing a Schedule 8 opioid or benzodiazepine NSW Health. Restrictions on unregistered Schedule 8 medicines including compounded medicines NSW Ministry of Health. Opioid Use and Related Harms in NSW Surveillance Report to December 2019 Pain Australia. Chronic Pain Language Guidelines.









SafeScript NSW

Further Information

Contact the SafeScript NSW Program Team at the email address below: safescript@health.nsw.gov.au

SafeScript NSW website: www.safescript.health.nsw.gov.au

Webinar related queries: Michael Blancia - Nepean Blue Mountains PHN Digital Health Program Officer E: michael.blancia@nbmphn.com.au





Evaluation and questions



https://forms.office.com/r/zTp3BwcJT0



Thank you!