

General Practice Support Mental Health Patient Care Initial Assessment and Referral Decision Support Tool Training

It can be challenging for GPs and other clinicians to determine the most appropriate care for patients with mental health concerns. Finding the right level of mental health support is now easier with the Initial Assessment and Referral Decision Support Tool (IAR-DST).

We are providing training and ongoing support to assist GPs to learn about, use and embed the IAR-DST in their daily practice.

What is the IAR-DST?

The IAR-DST is a national initiative developed by the Australian Government Department of Health and Aged Care.

This clinically informed online tool supports decision-making at the first point of assessment with a patient. Based on the stepped care model for mental health, the tool recommends the most appropriate level of care based on the patient's current needs. It provides a standardised, evidence-based, and objective approach to making mental healthcare recommendations in the primary care setting easier.

This tool can be useful in contributing towards the assessment component of a patient's Mental Health Treatment Plan (MBS 2715) and ongoing management.

Register your interest for training

A one-off \$300 payment is now available for GPs (only) who complete the training and RACGP CPD hours and ACRRM hours will also apply.

The 2-hour training includes an introduction to IAR-DST, orientation to the domains and levels of care, information on clinical judgement and supported decision-making, and a practical interactive activity using patient case studies to give participants the opportunity to use the tool.

Workshop 1

A 30-minute pre-recorded webinar and is a pre-requisite for Workshop 2.

Workshop 2

A 90-minute live online and interactive webinar (evening options) or on-site training at a time convenient to the GP.

Participants **MUST COMPLETE** Workshop 1 before attending Workshop 2.

Register your interest at **IAR-DST@nbmphn.com.au**

Training dates will then be provided

For more information email the Mental Health Primary Care Training Support Officer

IAR-DST@nbmphn.com.au

See our website for more information:

www.nbmphn.com.au/IAR

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