

Mental Health Nurse Incentive Program

Patient Information Sheet

What is the Mental Health Nurse Incentive Program?

The MHNIP is for people with severe and persistent mental disorders.

Mental health nurses engaged by Wentworth Healthcare will work with you and your general practitioner and/or psychiatrist to provide services such as monitoring your mental state, assisting you to manage your medication and improve links to other health professionals and mental health support service providers.

The service can be provided in a range of settings, including clinics, your home, or in public settings and will be provided at no cost to you.

Who can access a Mental Health Nurse?

Talk to your general practitioner (GP) and/or Psychiatrist who will determine if you are eligible for services under this program.

How can the Mental Health Nurse help?

Every person's journey through the program will be different but the Mental Health Nurse will work with you and your GP to support you to stay well in the community.

The MHNIP nurse and your GP will work with you to develop a collaborative care plan which will include the roles of the GP and MHNIP nurse.

Some of the functions of the nurse may include:

- liaising closely with your family and carer as appropriate
- regularly reviewing your mental state and communicating to your GP or your Psychiatrist
- assisting you to monitor compliance with your medication
- providing information on physical health care
- Helping you to make and coordinate links with allied health workers
- maintaining links and undertake case conference with GPs, psychiatrists and allied health workers, and coordinate services for you in relation to GPs, psychiatrists, allied health and other health professionals
- contributing to your planning and care management, and
- liaising with psychosocial support services and assisting with accessing the National Disability Insurance Scheme as appropriate

How long can I access the service for?

The MHNIP is to a maximum of two years, but you may no longer be eligible for services under MHNIP if within that time:

- your mental disorder no longer causes significant disablement to your social, personal and occupational functioning,
- you no longer need the clinical services of a mental health nurse

Can I stop receiving the service when I want to?

Yes. To access the service you are required to provide consent. You may withdraw consent at any time resulting in the termination of the service.

Data Collection

In order to engage with the MHNIP, consent must be provided for information to be collected about your healthcare and wellbeing. This consent is provided upon signing the referral form. Information collected will be disclosed between your GP, Psychiatrist, Mental Health Nurse and other service providers to whom you are referred, where this is required to assist in the management of your health care. Information that does not identify you will be collected for the purpose of the mental health service program evaluations.

Privacy

Your personal and health information will be collected and handled in accordance with the Australian Privacy Principles.

Your name, date of birth and contact details will be provided to Wentworth Healthcare for the purpose of accurately tracking referrals. Personal information is always stored securely and confidentially in accordance with current privacy legislation. In addition, some demographic and treatment information will be collected and used by Wentworth Healthcare for the purposes of the Primary Mental Health Care (PMHC) evaluation.

You can read more about a patient's rights and how to provide feedback about our programs at www.nbmphn.com.au/YourRights