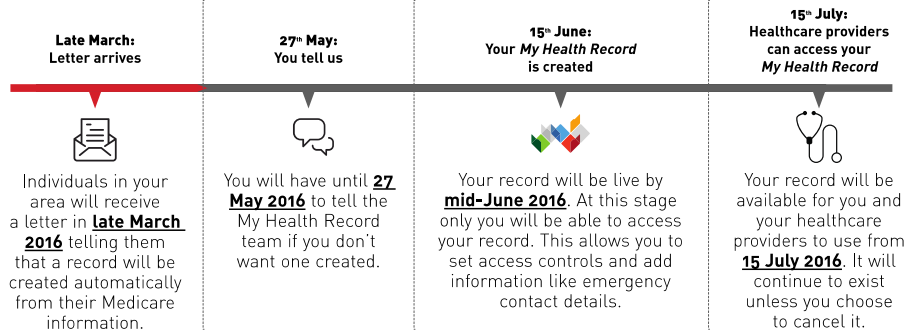


## My Health Record Fact Sheet for older Australians and their carers

<b>Do I need a My Health Record? I'm healthy!</b>	<ul style="list-style-type: none"> <li>• My Health Record isn't just for people with ongoing medical problems. It includes useful health information like immunisations, allergies, and adverse reactions that give healthcare providers like GPs and hospitals the information they need to help you in an emergency.</li> <li>• If you move or travel interstate, the information can be viewed securely from anywhere, anytime online by other treating healthcare providers.</li> <li>• It means you won't need to worry about having to remember and repeat your health history, like medicines and conditions, if you see another healthcare provider.</li> </ul>
<b>Do I need a record? My doctor already has one!</b>	<ul style="list-style-type: none"> <li>• My Health Record doesn't replace the clinical records that your doctor has in their medical practice, but when you see a different doctor, get a new prescription or visit a specialist, or have a period in hospital, information can be added to your My Health Record.</li> <li>• Over time, this will build a clearer picture of your health, which will help you and your healthcare providers when treating you.</li> </ul>
<b>Is my data safe?</b>	<ul style="list-style-type: none"> <li>• My Health Record is secure and protected, just like online banking.</li> <li>• It is for use by you, your carers and your treating healthcare providers.</li> <li>• You can receive notifications when your record has been first accessed by a health care provider, and what was seen, added or changed.</li> </ul>
<b>Do I have to have one?</b>	<ul style="list-style-type: none"> <li>• Our area has been chosen to trial new approaches for how people can benefit from My Health Record.</li> <li>• This means that in mid June 2016, everyone in our area who hasn't had a My Health Record before will have one automatically created.</li> <li>• If you don't want one automatically created for you, you need to tell the My Health Record team by 27 May 2016. To do this, go to <a href="http://myhealthrecord.gov.au">myhealthrecord.gov.au</a>, call the Help line on 1800 723 471 or visit a Medicare Service Centre.</li> <li>• From mid-June 2016 onwards your My Health Record will be there for you to use unless you choose to cancel it. Your healthcare providers will be able to see it and add to it from mid-July 2016 onwards.</li> </ul>
<b>Can my carer manage my record for me?</b>	<ul style="list-style-type: none"> <li>• My Health Record allows for you to nominate a trusted person, like a carer or family member, to view the information on your My Health Record, or you can choose someone to manage your record on your behalf if you wish.</li> </ul>
<b>I am a carer, what can I do?</b>	<ul style="list-style-type: none"> <li>• If you want to, you can manage the records of your dependants or individuals for whom you are a carer. To find out more, go to <a href="http://myhealthrecord.gov.au">myhealthrecord.gov.au</a>, call 1800 723 471 or visit a Medicare Service Centre.</li> </ul>

## What are the timeframes for my record being live?



To find out more go to [myhealthrecord.gov.au](http://myhealthrecord.gov.au), call 1800 723 471 or visit a Medicare Service Centre.