



Wellbeing and Resilience Grants

APPLICATION GUIDELINES

Round 3 – up to \$10,000

Supporting the wellbeing and resilience of flood impacted communities

APPLICATIONS OPEN: **28 July 2023**

APPLICATIONS CLOSE: **27 August 2023**



OVERVIEW

The Nepean Blue Mountains Primary Health Network (NBMPHN) received funding for community grants to promote the wellbeing and resilience of flood impacted communities.

The Wellbeing and Resilience Grants provide up to \$10,000 ex GST to enable communities to choose their own way to respond to the losses, anxiety, and distress they have experienced, as well as actively participate in their recovery.

Two Grants rounds have been released previously and the third and final round will exhaust all funding. Grant applications up to \$5,000 ex GST (excluding auspicing fee) will be assessed as they are received until allocated funding for this amount is exhausted. Grant applications may be held off and assessed after round closure if demand is greater than anticipated or if funded under previous rounds. Grant applications between \$5,000 ex GST and \$10,000 ex GST will be assessed after closure of the grant round on 27 August 2023. Please allow a minimum of six weeks from the grant closure date for Activity commencement.

WHO WE ARE

Wentworth Healthcare (WHL) is the provider of the Nepean Blue Mountains Primary Health Network (NBMPHN), through which we support the primary healthcare needs of over 372,000 people living across four Local Government Areas (LGA): Blue Mountains, Hawkesbury, Lithgow and Penrith.

The Primary Health Networks (PHN) program is an Australian Government initiative with the key objectives of increasing the efficiency and effectiveness of medical services for patients and improving coordination of care to ensure patients receive the right care in the right place at the right time.

We work closely with general practitioners and other healthcare providers in our region to identify our community's health needs and coordinate or commission the delivery of local healthcare services that meet those needs.

GRANT OBJECTIVES

The primary objective of our Wellbeing and Resilience Grants is to promote community-led wellbeing and resilience activities in flood affected areas which:

- encourage social cohesion, connectedness, and supportive friendship and relationships;
- support community wellbeing, resilience, mental health healing, and post-traumatic growth and recovery for communities;
- identify and support distressed or struggling peers or community members;
- reduce suicide and post-traumatic stress disorder.

ELIGIBILITY CRITERIA

Not-for-profit organisations, community groups, and schools that are based within flood affected areas in the Blue Mountains, Hawkesbury, Lithgow, and Penrith LGAs can apply for a grant up to \$10,000 (exGST). Priority will be given to applications from flood impacted areas in Hawkesbury and Penrith LGAs.

Individuals are also eligible to apply if auspiced by an incorporated not for profit organisation or community group. All applicants must have an Australian Business Number (ABN).

Organisations that do not have an ABN must have their activity auspiced by a not-for-profit organisation with an ABN that can manage the grant on its behalf. Please see more information below about auspicing.

Recipients of Wellbeing and Resilience Grants in Round One and Round Two are welcome to apply however recipients with outstanding reporting are ineligible.

Individual healthcare providers, other sole traders, and for-profit businesses are not eligible unless the application has been co-designed with or in active partnership with and auspiced by a not-for-profit community-based organisation. The grants cannot be used to subsidise usual clinical or service costs. To be eligible, activities need to extend beyond usual business to support communities in flood recovery. All funded activities need to be driven by the community and identified community needs, rather than provider driven.

Grant activities must be free to the community and organisations and cannot generate income for wages, fundraising, or any other purposes without prior approval from WHL.

Activities must be completed prior to 30 April 2024.

Youth groups and organisations are eligible and encouraged to apply, however the nominated contact person must be aged 18 years or over.

Community groups and organisations representing vulnerable or hard to reach communities are strongly encouraged to apply.

Successful applicants will need to complete a short summary report and financial declaration at the completion of their grant that describes the outcomes achieved.

AUSPICING

Organisations that do not have an ABN, reside outside of the region, Individual healthcare providers, other sole traders, for-profit businesses, and individuals must have their activity auspiced by a not-for-profit local community organisation with an ABN. The auspicing organisation will support the activity with administrative duties and enable access to tax concessions, public liability insurance, and other protections.

Auspicators need to be satisfied that the grant application meets the objectives and requirements of Wentworth Healthcare's 'Wellbeing and Resilience Grants' and assess their organisation's capability to support the grant activity.

The auspicing organisation may request a management fee of up to 10% of the approved grant funds to cover their administrative costs (the total amount requested including the management fee cannot exceed \$10,000 (ex GST)).

TYPES OF ACTIVITIES

A range of activities and initiatives may be considered appropriate to support community-led wellbeing, including, but not limited to:

- social connection events that bring the community together to build networks and friendships such as community BBQs, exercise classes, playgroups, art therapy classes, etc
- community events or workshops that promote resilience and reduce stigma associated with mental illness and accessing mental health and suicide prevention services
- projects that are recovery focused and aim to build on the community resilience, healing, and capacity building (must have active involvement from the community)
- sharing information about available community resources and services and how to access them
- complementary and lifestyle interventions known to improve physical and mental health that can be delivered in a group setting, such as exercise and wellbeing classes
- community education on topics such as managing stress, anxiety, depression, and stigma
- practical advice and skills development, e.g. for parents to help provide support for their children

ASSESSMENT CRITERIA

Applications will be assessed against the following criteria:

- evidence that the grant activity will be conducted in flood affected communities across the Blue Mountains, Hawkesbury, Lithgow, and Penrith LGAs. Priority will be given to flood impacted communities across the Hawkesbury and Penrith;
- demonstration of need, that is:
 - how the flood impacted your community, and;
 - how the activity will benefit your community
- evidence that the planned activity is consistent with the grant program's objectives
- the activity can be delivered within 6 months from contract execution
- the applicant has no outstanding reporting from previous grant rounds
- capacity of grant recipient to deliver the activity on time and within budget
- the activity is value for money
- the budget clearly breaks down the major elements of the planned expenditure
- the activity does not duplicate services and there is not an over-saturation of services in one community
- the activity is not an existing activity or if the activity is already existing the funding proposed will be used to enhance the activity beyond its usual scope.
- activities that incorporate professional mental health support (such as a psychologist, peer worker, social worker or individuals with mental health training) will be looked upon favourably

- promotion of referral links or collaboration with other community organisations, health care, and social services
- includes vulnerable high needs groups and hard-to-reach people

REQUIREMENTS OF GRANT FUNDING

Following the successful outcome of the grant application, the recipient must:

- submit tax invoices to Wentworth Healthcare for the agreed amount
- ensure that the approved Activity complies with Government COVID-19 requirements
- provide the Grant Recipient with the grant funds to carry out the Activity (if auspiced)
- maintain a record of expenditure of grant funds and provide proof (receipts, bank statements, account deposit/s) if requested
- maintain public liability insurance for the duration of the Activity (minimum coverage of 20 million per claim)
- provide proof of relevant insurances upon request including: Public Liability Insurance, Professional Indemnity Insurance (if applicable), Workers Compensation Insurance (if applicable)
- ensure that any promotional material acknowledges Wentworth Healthcare with the funding statement provided in the agreement.
- ensure the Activity Summary (including Financial Report) and signed Financial Declaration are submitted by the due date
- keep administrative overheads to a minimum. Grant funds may be used to cover the costs of communications and marketing to engage with communities and promote funded activities.
- deliver grant activities free of cost to the community (Grant recipients are not entitled to generate income through fundraising or any other purpose without prior approval)
- ensure that any staff conducting activities that include minors have a valid Working With Children Check
- ensure any minors (aged 14 to 17 years) are supported in a Child Safe Environment while preparing and carrying out the activity and;
- understand and are able to carry out the proposed activity and; have the capacity to provide all required documentation and information related to the activity (or are supported by someone who can)

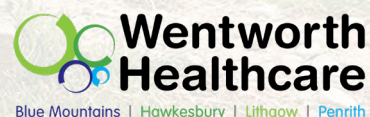
OTHER CONDITIONS

1. Grant recipients will acknowledge and accept all responsibilities, liabilities, and conditions set out in the 'Terms and conditions' provided in the Grant application.
2. Grant funds must not be used to purchase alcohol or capital items. Where capital items are requested, it must be demonstrated that these will be used to facilitate an activity. This will be assessed on a case-by-case basis.
3. All information received must comply with the Privacy Act laws.

4. The decision made by Wentworth Healthcare regarding a Grant Application is final.

HOW TO APPLY

1. Carefully read through the Wellbeing and Resilience Grants Guidelines document.
2. Applicants are strongly advised to discuss their idea with the grants team before applying (grants@nbmphn.com.au or 0419 109 358.)
3. Submit your application form and any supporting documents via email to grants@nbmphn.com.au.
4. If you do not receive an email acknowledging receipt of your application within 3 working days, please contact Michelle Vernon at 02 4708 8187.
5. You will be notified of the outcome of your application through email or contacted if further information is required.



WELLBEING AND RESILIENCE GRANT GUIDELINES



Wentworth Healthcare

Level 1, Suite 1, Werrington Park Corporate Centre,

14 Great Western Highway
Kingswood NSW 2747

T 4708 8100

POSTAL ADDRESS

WHL, Bldg BR, Level 1, Suite 1,

Locked Bag 1797,

Penrith NSW 2751

For more information about Wentworth Healthcare
or Nepean Blue Mountains PHN visit

www.nbmphn.com.au

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